





Garden

TERRACE

CASUAL DINING • GREAT EXPERIENCE



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Experience the epitome of casual elegance at Garden Terrace, nestled within the heart of The Soaltee Kathmandu. Our A la carte menu at Garden Terrace promises a delightful culinary journey, blending exquisite flavors with a charming ambiance. Immerse yourself in the inviting atmosphere of our indoor dining area or Outdoor area with our sun-kissed sundeck. From intimate gatherings to relaxed dining, Garden Terrace caters to every palate, offering a diverse selection of delectable dishes crafted with care and precision. Whether you choose to dine indoors or under the open sky, Garden Terrace is a haven for those seeking a perfect blend of magnificence and gastronomic delight.



BREAKFAST

(6.30AM TO 10.30AM)

FIT FOR YOU BREAKFAST — 1550

Fresh fruit platter | Bircher muesli, Cereal with Skimmed milk | Soya milk | Yoghurt, Tea | Coffee

CONTINENTAL BREAKFAST — 1550

Cereal: Cornflakes | Wheat flakes | Choco flakes | Muesli

Milk: Full cream | Soya | Skimmed served Hot or Cold

Freshly pressed juice: Pineapple | Watermelon | Carrot & Celery or Seasonal fresh fruit platter

Baker's basket: Danish Pastry | Croissant | Muffin

Bread: White bread | Brown bread with assorted preserves, honey & butter

Freshly brewed coffee | Decaffeinated coffee | Specialty tea

AMERICAN BREAKFAST — 2100

Cereal: Cornflakes | Wheat flakes | Choco flakes | Muesli

Milk: Full cream | Soya | Skimmed served Hot or Cold

Freshly pressed juice: Pineapple | Watermelon | Carrot & Celery

Baker's basket: Danish pastry | Croissant | Muffin

Bread: White bread | Whole wheat bread | Multi grain bread | Rye bread with assorted preserves, honey & butter

Choice of egg preparation: Omelette | Fried | Boiled | Scrambled

Freshly brewed coffee | Decaffeinated coffee | Specialty tea | Hot chocolate

LOCAL BREAKFAST — 1550

Freshly pressed juice: Pineapple | Watermelon | Carrot and Celery or Seasonal fresh fruit platter

Masala omelette

Idli: Steamed fermented rice and lentil cake, served with sambar, coconut chutney & tomato chutney

Freshly brewed coffee | Decaffeinated coffee | Masala tea

Or

Choice of sweet | Masala chaas or Seasonal fresh fruit platter

Masala omelette

Choice of stuffed paratha: Paneer | Aloo | Gobi served with yoghurt & pickle

Freshly brewed coffee | Decaffeinated coffee | Masala tea

COLD SELECTION

■ BIRCHER MUESLI — 1050

Oatmeal muesli, raisin, yoghurt, oats, almond, honey

■ CEREAL — 1050

Cornflakes | Wheat flakes | Chocolate flakes | Muesli
with Skimmed milk | Full cream milk | Soya milk served hot or cold

■ SEASONAL FRESH FRUITS PLATTER — 1000

Selection of fresh cut fruits

■ YOGHURT — 400

Natural yoghurt | Fruit blend yoghurt

■ COLD CUTS — 1550 (Any 2)

Smoked chicken | Smoked ham | Pork salami | Smoked salmon



Signature Non-Vegetarian Vegetarian Healthy Gluten Free Shellfish Pork Eggs

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HOT SELECTION

- **3 EGGS ANY STYLE – 1250** 
Scrambled | Fried | Omelette | Boiled | Poached

SIDE SECTION (Select any 2)

- Bacon | Chicken sausage
- Hash brown potato | Steamed vegetables | Grilled tomato | Baked beans | Sautéed mushroom

■ PANCAKE – 1250



Flour, egg, milk, sugar griddle cake served with maple syrup | honey | whipped cream & berry compote

■ CINNAMON FRENCH TOAST – 1250



French bread dipped in egg, milk, cinnamon batter served with maple syrup | honey | whipped cream & berry compote

FRESH BAKED

■ BAKER'S BASKET – 1050



Danish pastry, croissant, muffin (plain or chocolate) served with assorted preserves & butter

■ TOAST – 950 (4 pieces)

Whole wheat bread | White bread | Multigrain bread | Gluten-free served with assorted preserves, butter & honey

CHEESE SELECTION – 1650

Cheddar | Brie | Yak cheese | Blue cheese

LOCAL SIGNATURE

■ PARATHA – 1050 (2 pieces)

Potato | Cottage cheese | Cauliflower, served with pickle and yoghurt

■ POORI TARKARI – 1050

Whole wheat deep fried bread accompanied with spiced potato curry


■ ANDA BHUJIYA WITH PLAIN PARATHA – 1050



3 eggs scrambled with onion, tomato, chili and coriander, served with plain paratha

INDIAN BREAKFAST

■ IDLI – 1050



Steamed rice and lentil cakes
accompanied with sambar, coconut and tomato chutney

■ MEDU VADA – 1050



Deep fried lentil doughnut
accompanied with sambar, coconut and tomato chutney

■ UTTAPAM – 1050



Plain | Masala | Onion
Pan seared rice and lentil pancake accompanied with sambar, coconut & tomato chutney

■ CHOICE OF DOSA – 1050



Plain | Masala | Mysore masala | Butter
South Indian specialty rice and lentil thin pancake accompanied with sambar, coconut & tomato chutney

■ MASALA POHA – 1050



Pressed rice cooked with curry leaves, peanut & spices



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ALL DAY MENU

(11.00AM TO 11.00PM)

VEGAN FOOD SELECTION

Explore our wide range of wholesome vegan choices, from nutrient-packed salads to flavourful soup. Our menu is a healthy and delectable assortment of plant-based options that will delight your taste buds and support your well-being.


SOUP

- **ROASTED TOMATO SOUP – 850**
Plum tomato, garlic, celery, leek, basil

SALAD

- **HIMALAYAN QUINOA AND AVOCADO SALAD – 1195** 
Quinoa, avocado, mix lettuce, lemon dressing

MAIN COURSE

- **SUBJ JALFREZI – 1050**
Mix vegetable tempered with cumin, Indian spices & vinegar
- **YELLOW DAL TADKA – 950**
Onion, garlic tempered toor lentil
- **MEATLESS VEGAN CHICKEN CURRY – 1050**
Nutrela chunks, tomato, onion cooked in Indian spices
- **MARSI BHAAT (Red rice) – 1050** 
Typical Himalayan valley rice

JUST FOR KIDS







- **FRIED EGG – 500** 
Single egg served on toasted white bread
- **SWEET TOOTH – 500** 
Caramelised banana, strawberry pancake with chocolate sauce
- **VEGETABLE NOODLE SOUP – 500**
- **CHEESE GRATINATED FRENCH FRIES – 600**
- **PEANUT BUTTER SANDWICHE – 500**
- **KHICHADI – 500**
- **BAKED MACARONI – 600**
Creamy cheese sauce
- **CHICKEN NUGGET – 500**
Panko crumbed succulent fried chicken served with mayonnaise
- ■ **WOK TOSSED NOODLE – 500/600**
Vegetable | Chicken



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SALADS

- ■ **CAESAR SALAD – 1095/1195/1295/1599**   
Veg | Chicken | Bacon | Prawn
Crispy romaine, slow roasted croutons, parmesan cheese, caesar dressing served with garlic bread
- **GREEK SALAD – 1095**  
Crispy green lettuce, fresh cucumber, peppers and tomato topped with feta cheese
- **INDIAN GARDEN SALAD – 1095**  
Slice of cucumber, carrot, onion, tomato, lemon, chili

SOUP

- **CLASSIC ROASTED TOMATO BASIL SOUP – 950**
Tomato soup infused with basil served with garlic bread and croutons
- **MUSHROOM AND THYME SOUP – 950** *Chef's Signature* 
Porcini, button mushroom and thyme, served with garlic bread
- **ITALIAN MINISTRONE SOUP – 950**
Tomato flavoured vegetable broth
- ■ **MANCHOW SOUP – 950 / 1050**
Vegetable | Chicken
Served with crispy fried noodles
- ■ **TOM YUM SOUP – 950 / 1050 / 1150** 
Vegetable | Chicken | Prawn

INDIAN APPETIZERS

Tandoori appetizers are available from 12.30 PM – 3.30 PM, 6.30 PM – 10.30 PM

- **HARA BHARA TANDOORI PHOOL – 1225**
Khoya and cream cheese, stuffed broccoli florets cooked in tandoor, served with mint chutney
- **SHAHJAHANI PANEER TIKKA – 1325**
Stuffed cottage cheese with sweet mango chutney cooked in tandoor, served with mint chutney
- **KARARE SUBJ KI TIKKI – 1200**
Semolina crusted vegetable patties filled with cumin prune cream cheese, served with mint chutney
- **MIX VEGETABLE PAKORA – 1195**
Potato, eggplant, fritters, served with mint chutney
- **PANEER KATHI WRAPS – 1350**
Cottage cheese, peppers, onion, tomato, green chili, coriander wrapped in Indian pan seared flat bread
- **SARSON WALI MACHLI TIKKA – 1400**
Lemon and mustard flavoured fish cooked in tandoor, served with mint chutney
- **TANDOORI JHINGA NISHA – 2000** 
Yoghurt, green chili, garlic flavoured prawns cooked in tandoor, served with mint chutney



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■ **CHICKEN KATHI WRAPS – 1350** 

Chicken, peppers, onion, tomato, green chili, coriander wrapped in Indian pan seared flat bread

■ **MURGH ANGARA TIKKA – 1400**

Hand pounded spices, garlic, chicken cooked in tandoor, served with mint chutney

■ **MUTTON SEEKH GILAFI – 1550**

Minced lamb marinated with red chili and Indian spices, cooked in tandoor, served with mint chutney

ASIAN APPETIZERS

■ **CHILI PANEER – 1400**

Cottage cheese, garlic, ginger, bell pepper, spring onion in chili sauce

■ **HONEY CHILI POTATO – 1200**

Fries, ginger, spring onion, honey in chili sauce

■ **CORN SALT AND PEPPER – 1200**

Sweet corn, ginger, garlic, chili, onion, bell pepper

■ **CHILI GARLIC FISH – 1400**

Deep fried fish, bell pepper, spring onion, ginger, onion in chili garlic sauce

■ **SICHUAN STYLE PRAWN – 2000** 

Fried prawns, garlic, ginger, bell pepper in Sichuan pepper corn sauce

■ **CHICKEN BELL PEPPER – 1400**

Fried chicken, garlic, ginger, bell pepper, spring onion in chili sauce

LOCAL SIGNATURE

MOMO

■ **Vegetable | Chicken | Mutton – 950 / 1050 / 1250**

Served with homemade tomato chutney

■ **KALO DAL – 1050**

Black lentil cooked with Nepalese spices

■ **SAAG JHANEKO – 1150** 

Garlic and red chili tempered green mustard leaf

■ **NARAM CHARA – 1400**

Traditional Nepali style chicken curry

■ **KHASI KO LEDO BEDO – 1550**

Traditional lamb curry cooked with Nepalese spices



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REGIONAL INDIAN CLASSIC

■ **DAL MAKHANI – 1150**

Black lentil slow cooked over night finished with cream & butter

■ **LAHSOONI DAL TADKA – 1050**

Onion & garlic tempered toor lentil

■ **ALOO GOBI ADRAKI – 1150**

Potato & cauliflower cooked with Indian spices

■ **BHINDI BHAJI – 1150**

Fresh okra cooked with Indian spices

■ **CHOICE OF VEGETABLE OR PANEER – 1400**

Kadhaj | Makhani | Palak | Lababdar | Achari | Masala

■ **SUBJ DUM BIRYANI – 1350**

Layered vegetables, basmati rice, yoghurt, saffron, mint, home pound aromatic spices accompanied with raita

■ **KADHAI JHINGA – 2000** 

Prawn, onion, bell pepper, tomato

■ **MUTTON ROGAN JOSH – 1550**

Lamb curry cooked with red chili & Indian spices

■ **MURGH TIKKA MASALA – 1400**

Tandoori chicken morsels, onion, tomato

■ **GOSHT BIRYANI – 1750**

Layered lamb, basmati rice, yoghurt, saffron, mint, home pound aromatic spices accompanied with raita

■ **DUM MURGH BIRYANI – 1550**

Slow cooked chicken, basmati rice, saffron, home pound aromatic spices accompanied with raita

STEAM RICE | JEERA RICE – 1050

Steamed basmati rice | Cumin tossed rice


MARSI BHAAT (Red rice) – 1150

Traditional Himalayan valley rice


CHOICE OF RAITA – 400

Plain | Mix vegetable | Cucumber | Boondi | Pineapple | Burani raita

ASIAN MAIN COURSE

■ **WOK FRIED RICE – 1300 / 1400 / 1550** 

Vegetable | Chicken | Prawn

■ **HAKKA NOODLE – 1300 / 1400 / 1550** 

Vegetable | Chicken | Prawn



Signature



Non-Vegetarian



Vegetarian



Healthy



Gluten Free



Shellfish



Pork



Eggs

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■ **STIR FRIED ASIAN GREENS – 1350**

Asian exotic vegetables tossed in
Black bean sauce | Soya garlic sauce | Hot garlic sauce | Butter garlic sauce

■ ■ **MANCHURIAN – 1350 / 1450**

Vegetable | Chicken

■ ■ **THAI CURRY GREEN/RED – 1450 / 1550 / 2000** 

Pea aubergine, sweet basil served with steam rice
Vegetable | Chicken | Prawn

■ **NASI GORENG – 2000**  

Indonesian stir fried rice, chicken satay, fried egg, shrimp wafers

■ **SLICE FISH WITH BLACK BEAN SAUCE – 1400**

Fish, black bean sauce, spring onion

WESTERN MAINS

■ **SALMON PARCHMENT – 3600**

Butter paper wrapped grilled salmon, olive caper sauce

■ **GRILLED HIMALAYAN TROUT – 1850** *Chef's Signature* 

Fresh trout, baked with tomato salsa

■ **FISH AND CHIPS – 1750**

Batter fried fish fillet served with tartar sauce

■ **BUTTER GARLIC KING PRAWN – 2200** 

Prawn, beetroot mash, beurre blanc

■ **CLASSIC ROASTED SPRING CHICKEN – 1850**

Herb marinated chicken, mushroom and green peas rough, red wine sauce

■ **HERB CRUSTED GRILLED CHICKEN – 1850**

Marinated chicken breast cooked in forestiere sauce

■ **SLOW COOKED LAMB SHANK – 5650**

Imported lamb shank in red wine reduction

■ **GRILLED PORK CHOP – 2200** 

Herb marinated pork chop, smoked apple, cinnamon jus

SIDE SECTION (Select any 2)

Steamed vegetable | Grilled vegetable | Creamy mashed potato | Sautéed mushroom with garlic & thyme | Sautéed mix greens |
Potato fries | Potato wedges



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■ INDIAN BREAD

Tandoori breads available from 12.30 PM – 3:30 PM; 6:30 PM – 10:30 PM

■ NAAN – 400

Plain | Butter | Garlic

■ ROTI – 350

Tandoori | Tawa

■ KULCHA – 450

Aloo | Pyaz | Paneer | Cheese

■ PARATHA – 450

Plain | Pudina | Ajwain

■ PHULKA (2 Piece) – 350

Plain | Butter

WRAPS, BURGERS AND SANDWICHES

■ VEGETABLE BURGER – 1450

Seasonal vegetable pattie with sliced tomato, cucumber, lettuce, cajun mayonnaise and cheddar cheese in a sesame bun

■ CLASSIC VEGETABLE CLUB SANDWICH – 1350

Grilled vegetables, tomato, cucumber and lettuce, cheese in toasted bread

■ BARBEQUE CHICKEN BURGER – 1550

Fried chicken breast, lettuce, mayonnaise, bbq sauce, cheese sliced, tomato in a sesame bun

■ CLASSIC CHICKEN CLUB SANDWICH – 1550

Chicken, fried egg turnover, crispy bacon, sliced tomato and lettuce, cheese in toasted bread

■ CHICKEN CAESAR WRAP – 1195

Herb chicken, caesar dressing, crispy romaine, parmesan cheese in pan seared flat bread

All sandwiches and burgers are served with side salad & french fries

■ FRENCH FRIES – 950

■ POTATO WEDGES – 950

PIZZA

■ QUATTRO FORMAGGI – 1950

Four cheese – mozzarella, cheddar, emmental, parmesan

■ LAND OF PYRAMID – 1750

Flavoured hummus spread of the day, olives, red chili feta, oregano marinated roasted bell peppers, artichoke, aubergine, asparagus

■ MARGHERITA – 1750

Mozzarella cheese, basil traditional Italian pizza



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■ **PIZZA PRIMAVERA – 1850**

Mushroom, jalapeno, peppers, onion, tomato, olives, mozzarella cheese

■ **TANDOORI PANEER TIKKA PIZZA – 1850**

Cottage cheese tikka, green chili, onion, tomato, mozzarella cheese

■ **PINK PANTHER – 1850** *Chef's Signature* 

Cream cheese and smoked salmon, caper berries, pickled onion rings

■ **TANDOORI CHICKEN TIKKA PIZZA – 1850**

Chicken tikka, green chili, onion, tomato, mozzarella cheese

■ **PEPPERONI PIZZA – 1950** 

Pepperoni, mozzarella, caramelised onion

HIMALAYAN PIZZA

■ **MUSHROOM CHOILA – 1750** *Chef's Signature* 

Button mushroom strip, onion, garlic, chili, mustard oil, yak cheese & mozzarella

■ **CHICKEN CHOILA – 1850** *Chef's Signature* 

Chicken strip, onion, garlic, chili, mustard oil, yak cheese & mozzarella

PASTA

■ ■ **CHOICE OF PASTA SELECTION** 
PENNE | SPAGHETTI | FUSILLI

Roasted tomato sauce | Alfredo | Pesto | Aglio Olio Pepperoncino | Carbonara

Vegetable | Chicken | Prawn – **1750 / 1850 / 2000**

HOMEMADE PASTA

■ **MUSHROOM AND ASPARAGUS TORTELLINI – 1750**

Cherry tomato, herb butter served with garlic bread

■ **WATER CHESTNUT AND PUMPKIN RAVIOLI – 1750**

Chunky tomato sauce, parmesan served with garlic bread

■ **CHICKEN TORTELLINI – 1850**

Cream cheese sauce, parmesan served with garlic bread

RISOTTO

■ **MUSHROOM RISOTTO – 1750**

■ **GARLIC PRAWN RISOTTO – 2000** 

■ **CHICKEN AND SUNDRIED TOMATO RISOTTO – 1850**



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SELECTION OF DESSERTS

- **SUGAR FREE BLUEBERRY PANNA COTTA – 1000** 
- **SUGAR FREE LACHHA RABRI – 900**
Slow cooked thickened milk
- **BHARWAN GULAB JAMUN – 900**
Hot cottage cheese dumplings stuffed with dry nuts, saffron syrup
- **RASMALAI – 900**
Reduced milk dumplings in saffron milk
- **SEASONAL FRESH FRUITS – 900**
Seasonal fresh cut fruits
- **CHOICE OF ICE CREAM (2 scoops) – 750**
Strawberry | Butter Scotch | Vanilla | Chocolate | Mango
- **HAWAIIAN COCONUT MOUSSE – 1050** 
Coconut mousse, white chocolate ganache, pineapple sauce
- **FLOURLESS CHOCOLATE CAKE – 1050** 
Chocolate sauce with vanilla ice cream
- **CHOCOLATE BOMBSHELL – 950** 
Walnut chocolate brownie, chocolate fudge sauce with vanilla ice cream
- **STRAWBERRY PISTACHIO BAVARIAN – 1000** 
Served with strawberry compote
- **CLASSIC TIRAMISU – 950** 
Coffee flavoured mascarpone mousse



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