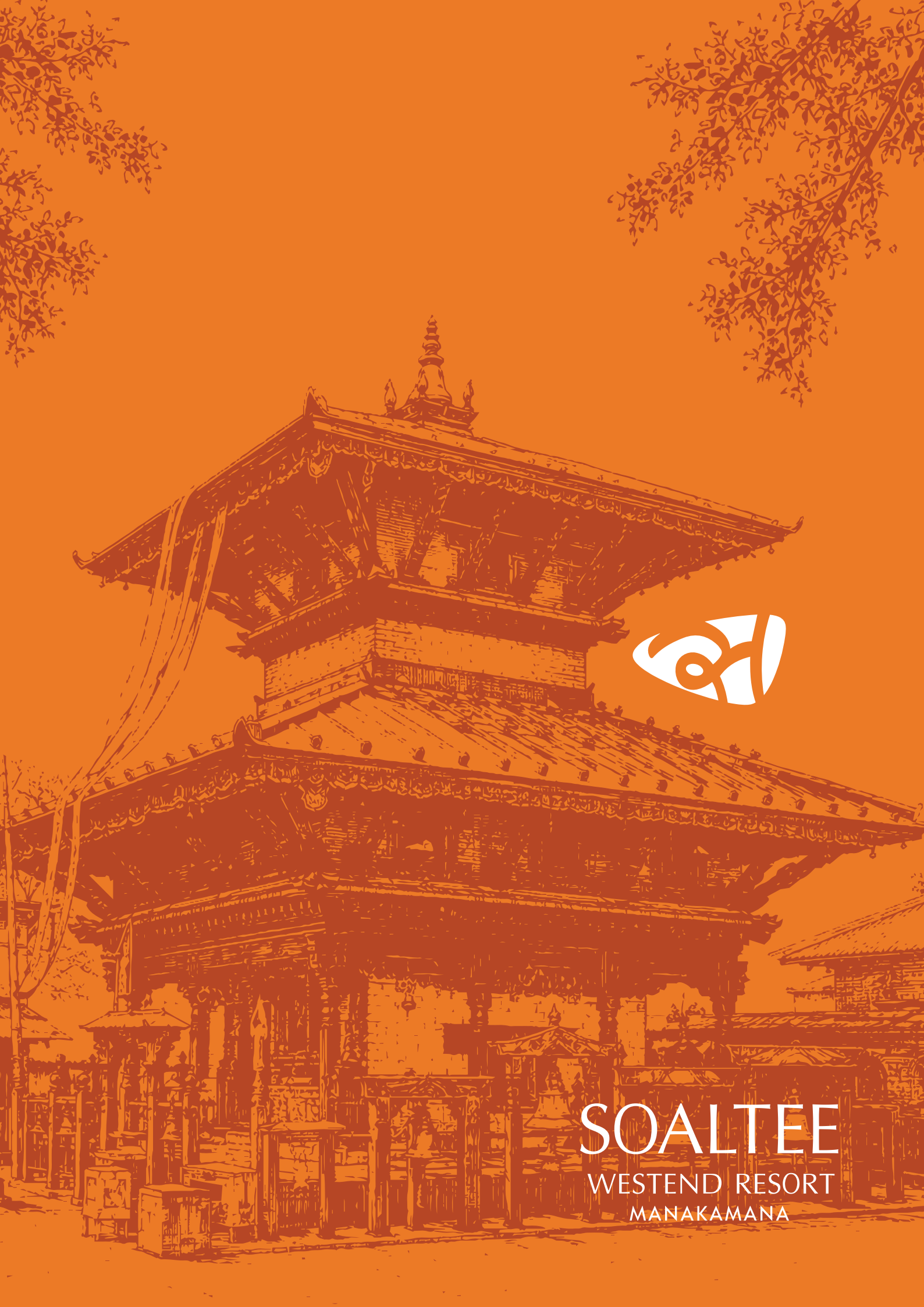




SOALTEE
WESTEND RESORT
MANAKAMANA

Breakfast Time: 7am-10am

* MORNING SUNRISE *

Herbal /Celery Cucumber Cleanser 🥬

Fresh celery, cucumber, basil, ginger and parsley blended herbal juice with lemon & fresh herbs.

650

Farm Fresh Juice

Seasonal freshly squeezed Juice (Orange / Sweet Lime / Watermelon/ Kino/ Pineapple).

750

Masala Chaach 🥛

Traditional spiced butter milk, flavoured with ginger, asafoetida & fresh coriander.

650

* OUR SALADS *

Niçoise Salad 🍅

Traditional french salad with tomatoes, hard-boiled eggs, olives and tuna, dressed with olive oil.

1150

Organic Healthy Home Salad

Crisp salad leaves with beets, dressed with virgin olive oil & balsamic reduction.

650

Mediterranean Salad 🥗

Traditional Greek vegetables salad with oregano, lemon, olives & feta cheese.

750

Aloo Anar Dana Chat

Traditional Indian tangy potato & pomegranate salad.

550

Cardini Caesar Salad 🥗🥚

Crisp lettuce, parmesan flakes & croutons tossed with caesar salad dressing served with grilled chicken, garlic toast & cherry tomato.

1150

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🌿 Mustard 🥬 Celery 🍄 Lentils 🦀 Crustacean 🌱 Vegan 🥜 Nuts 🍷 Flour 🌾 Gluten 🥚 Egg 🥛 Dairy 🌶️ Medium Spicy 🌶️🌶️ Spicy

* OUR APPETIZERS *

Chicken Satay 🍗

Indonesian chicken delight, skewered and grilled, served with peanut sauce.

1150

Bhatti Da Murgh 🌿 🥛

Soft chicken marinated with mustard oil, ginger, garlic, soft cheese and hung curd served with tandoori salad and mint chutney.

1050

Golden Fried Prawns 🦐 🌿

Panko golden fried prawns served with tartar sauce.

1550

Mutter Dhania Tikki 🥛 🌿

Green peas & fresh coriander patties, shallow fried and served with yoghurt and sweet mango chutney.

850

Zaffrani Paneer Tikka 🥛 🌿

Fresh cottage cheese marinated with saffron, cream, mustard oil, spices and yoghurt, charcoal roasted in clay oven and served with chutney and salad.

950

Sichuan Potatoes

Crispy potatoes tossed with dry chilies & sichuan pepper sauce.

750

Jalapeno Cheese Rellenos 🥛

Juicy dumplings of cheese, potatoes, herbs, and jalapeño served with creamy chilli garlic sauce.

850

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* OUR SOUPS *

Asian Minced Chicken Soup 🍲

790

Medium bodied oriental chicken dumpling soup.

Murgh Jahangiri Shorba

790

Mughlai kitchen's traditional chicken soup hinted with garlic and lemon.

Daal Shorba

595

Moong daal shorba hinted with herbs and spices.

Italian Minestrone 🍲

595

Italian tomato soup with vegetables & pasta.

English Broccoli & Herbs Velouté

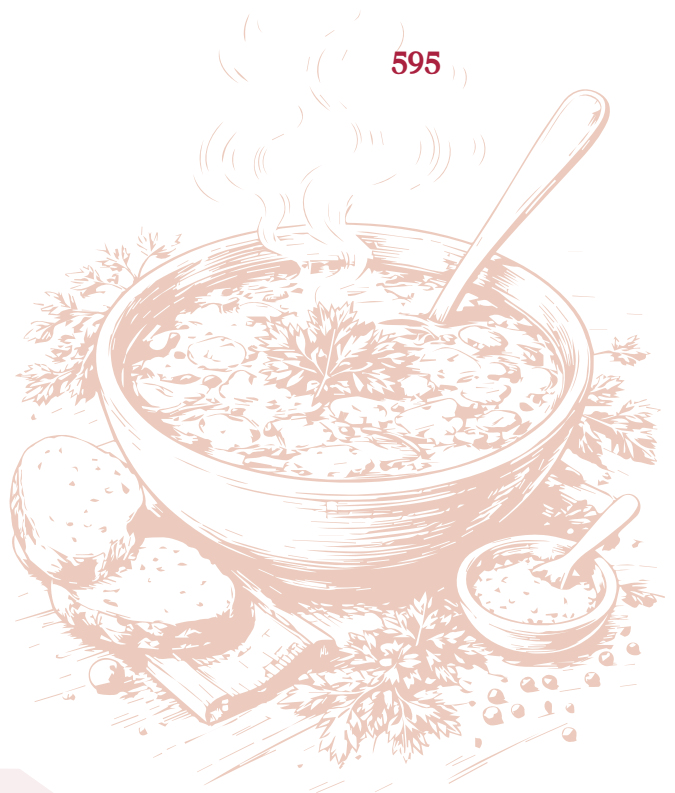
650

Fresh organic broccoli, english herbs, microgreens, soaked chickpeas & garlic flakes.

Tamatar Dhania Shorba

595

Cumin, mint and coriander flavored Indian soup, mild spicy.

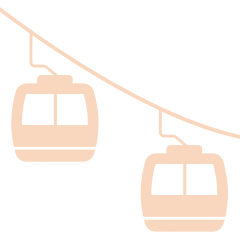


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* OUR INTERNATIONAL SELECTION *



English Fish & Chips

London's street fish & chips, crispy fried fillet fish with finger chips, relishes & dips.

1250

Involtini Di Pollo 🍗

Chicken roulade filled with soft cheese, mushrooms & spinach, grilled and served with fresh garden vegetables, red wine & black peppercorns sauce.

1150

Rosemary & Garlic Lamb Chops 🍖

Natural free-range lamb chops served with double mash, seasonal buttered vegetables dressed with lamb jus.

2350

Mustard Herbs Glazed Pork Chops 🍖

Australian pork chops served with caramelized onions, crispy potato wedges, herbed butter garlic vegetables & apple wine gravy.

1550

Pasta Aglio Olio Peperoncino 🍝🌶️

Pasta with olives, garlic, olive oil, chili flakes & sun dried tomatoes.

1150

Spaghetti / Penne Bolognese 🍝

Pasta in tomatoes, bacon and meat sauce.

1250

Celery, Cashew Oriental Chicken 🥬🥜🍗

Diced marinated chicken, crisp fried and tossed with celery shoots, cashews, peanuts, dry chilies & oriental spices.

1250

Fried Rice (Vegetable / Chicken) 🍚

Cantonese-style garlic fried rice with your choice of chicken, eggs or vegetables.

1250/1150/950

Hunan Chicken Bell Pepper

Marinated and deep-fried chicken cubes coated with light spicy soy sauce, served with hakka noodles or fried rice.

1495

Chicken / Prawns Bell Pepper 🍗🌶️

Marinated & fried chicken or prawns sautéed with matured chili sauce, garlic, ginger, & seasoned with oriental spices.

1250/1750

Manchurian (Vegetable / Chicken) 🌶️

Diced chicken or fried vegetable dumplings simmered with soya, coriander, chillies & sesame hinted sauce.

950/1250

Fresh Pok Choy/ Chinese Cabbage, Shiitake Mushrooms in Hot Bean Sauce

Fresh greens & shitake mushrooms tossed with garlic & oyster chilli sauce.

1250

Chicken Thai Curry 🍗🌶️

Traditional chicken thai curry prepared with coconut milk, vegetables & mushrooms, served with sticky local rice.

1250

Stir Fried Seasonal Vegetables

Medley of seasonal vegetables sautéed in sweet & savory sauce.

950

Vegetables Hakka Noodles

Hakka style stir fried noodles.

900



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* Nepalese Cuisine *

Hand Crafted by Our Chef

Bhute Ko Tipua (Dry Snacks)

Jhaneko Chara Ko Choila 🌿🌶️

1250

Smoked-flavored chicken marinated with traditional Newari spices, ginger, garlic & tempered with mustard oil & fenugreek seeds.

Bhute Ko Khasi 🌶️🌶️

1350

Local mutton cooked with Himalayan herbs & roasted spices for a deeply aromatic taste.

Pangmali Bangur Timbur Lasun Jhaneko

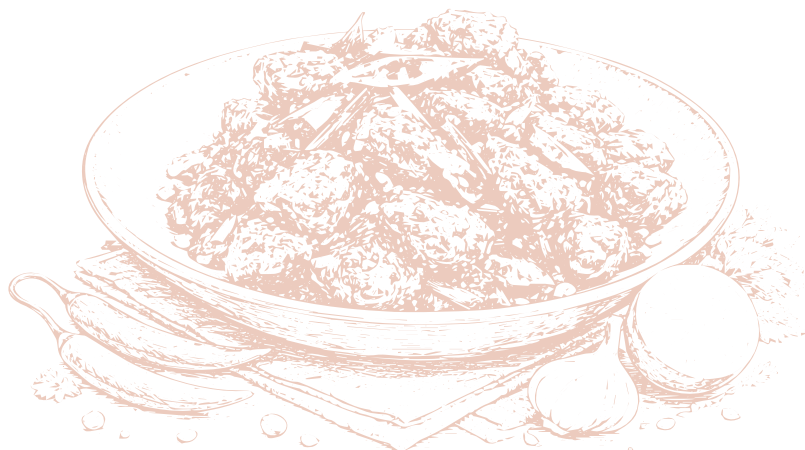
1050

Local triple layered local pork-slow simmered & tossed with sichuan pepper, garlic and spicy chilli called 'Dalle', served with roasted tomato & pickled fish chutney.

Kagbeni Aloo 🌶️🌶️

750

Special potatoes from Himalayan region marinated overnight with roasted spices, crispy-fried, and tossed with sichuan pepper (timmur) & served spicy.

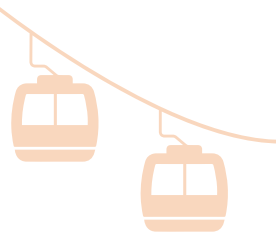


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• BHANSA •



Chara Ko Tandruk 🌶️🌶️

Tender pieces of chicken cooked with traditional Nepalese spices.

1250

Karesabari Ko Saag Jhaneko

700

Farm fresh greens tempered with garlic, fenugreek, & dried red chili, served in a smoky aroma.

Macha Tareko 🌶️🌶️

Overnight marinated local fish flavoured with mustard, coriander & sichuan pepper, shallow fried & served with garden fresh vegetables.

1050

Sasurali Ko Kalo Dal Pindaloo 🌶️

700

Local black lentils slow cooked with sticky potatoes, tempered with garlic, dried chives & fenugreek.

Bhedetar Ko Tama Bodi 🌶️🌶️

Preserved bamboo shoots, potato & black eye bean curry with fresh garlic & homemade local spices.

750

Chamre Bhat 🌶️

550

Traditional rice prepared with fenugreek, jaggery, turmeric & ghee, commonly eaten in rural area of Nepal.

Pahadi Gundruk Bhatamas 🌶️🌶️

700

Preserved mustard leaves & black soya bean curry with garlic and local chives.

Traditional Nepali Thali 🌶️🌶️ 1450/1150/1050

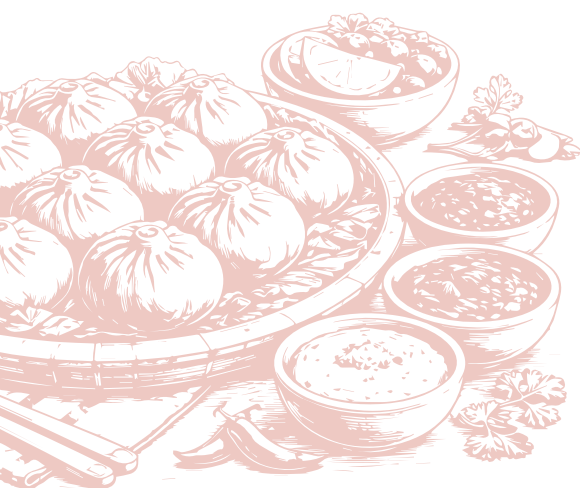
Mutton/ Chicken/ Veg

Sada Bhuja

Plain steamed rice.

470

• Special Homemade Momo •



Vegetarian Momo (Steamed/ Kothey/ Fried) 🌶️🌶️🌶️

600

Vegetarian dumplings available in steamed, kothey (pan-fried), or deep-fried.

Chicken Momo (Steamed/ Kothey/ Fried) 🌶️🌶️🌶️

750

Chicken stuffed dumplings available in steamed, kothey (pan-fried), or deep-fried.

Mutton Momo (Steamed/ Kothey/ Fried) 🌶️🌶️🌶️

1150

Mutton stuffed dumplings available in steamed, kothey (pan-fried), or deep-fried.



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* FROM OUR INDIAN KITCHENS *

Gosht Rogan Josh 🌶️🌶️

Aromatic traditional lamb curry cooked with a fusion of onions & tomatoes gravy, flavored with Indian spices.

1750

Murgh Rezala 🥗

Mughlai origin-Bengali chicken curry, rich & extremely flavorful.

1350

Murgh Makhani (Indian Butter Chicken) 🍛🥗

Tandoor roasted chicken simmered in rich cashew & tomatoes gravy finished with fenugreek & butter.

1350

Kadai Murgh 🌶️🌶️

Tender chicken pieces seasoned with special kadai masala, tempered with dried chillies & kasuri methi.

1350

Prawns Kuzhambu/ Chettinad 🍛🌶️🌶️

Prawns marinated with South Indian spices, slow cooked with coconut cream, curry leaves & tamarind gravy.

1750

Paneer (Khurchan / Kadai) 🥗

Choice of different preparations - semi dry cottage cheese with authentic Indian spices.

1150

Subz Miloni 🍛🌶️🌶️

Mixed vegetables simmered in rich gravy with flavor of cardamom.

950

Chote Aloo Dum 🥗🌶️🌶️

Baby potatoes prepared with yogurt & fresh coriander.

850

Paneer Butter Masala 🥗

Cubes of fresh cottage cheese (paneer) simmered in tomatoes, kasuri methi, butter & cream rich gravy.

1150

Bhutta Khumb Saagwala

Mushrooms & sweet corns simmered in roasted onion & spinach paste, tempered with dry chillies, asafetida & whole spices.

950



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🌿 Mustard

🌿 Celery

🌿 Lentils

🌿 Crustacean

🌿 Vegan

🌿 Nuts

🌿 Flour

🌿 Gluten

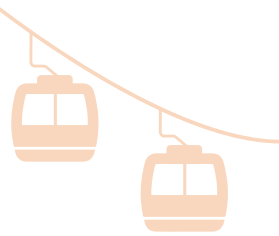
🌿 Egg

🌿 Dairy

🌶️ Medium Spicy

🌶️🌶️ Spicy

* DAL-CHAWAL *



Purane Kille Ki Murgh Biryani 🍛🌶️

Long grain basmati rice slow cooked with succulent pieces of chicken & Indian spices, flavored with saffron & served with raita.

1150

Steamed Rice

350

Gosht Dum Biryani Nawabi Pasanda 🍛🌶️

Favorite of Nawabs – Chunks of mutton cooked with aromatic basmati rice, flavored with traditional Indian aromatic spices & saffron served with cucumber raita.

1450

Daal Makhani 🍛🌶️

Slow-cooked whole black lentils finished with cream & white butter.

650

Kashmiri Subzi / Jeera Bhunapyaz Pulao 🍛

Long grain basmati rice cooked with dry nuts, vegetables, tempered with cumin seeds & fried onion.

950

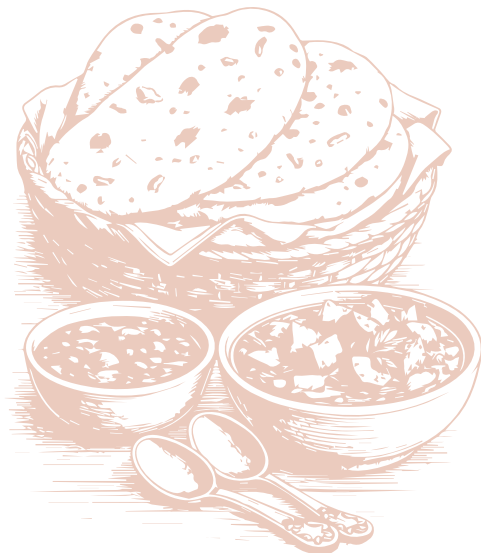
Lalmirch Lasuni Tadka Daal 🌶️

Loosened chickpeas, moong tempered with green chili, cumin seeds & sliced onions.

550

* Our Breads from the Clay Oven *

(Per Piece)



Plain Roti 🍞

150

Bharwan Kulcha 🍞

300

Butter Naan/Garlic Naan 🍞🌶️

200

Laccha Parantha 🍞

250



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* FROM THE PIZZERIA OVEN *

Pesto & Herbs Crusted Double Roasted Chicken Pizza 🌾 🥛

1250

Pesto marinated smoked chicken, mozzarella, cherry tomatoes, capsicum & herbs.

Triple Cheese, Bacon & Ham Pizza 🌾 🥛

1150

Roasted bacon, mozzarella, cheddar & parmesan cheese.

Margherita Pizza 🌾 🥛

950

Tomato salsa, mozzarella cheese, oregano & basil.

* SANDWICHES, BURGERS & WRAPS *

Grilled Chicken / Vegetable Sandwich 🌾

1050/850

Double grilled sandwich with marinated chicken salad, served with fries & salad.

Toasted Sandwich

750/950

Veg / Chicken & Cheese

Classic Club Sandwich 🌾 🍳

990

Triple decker sandwich layered with lettuce, creamy chicken salad, fried eggs & ham, served with french fries.

Chicken / Vegetable Kathi Roll 🌾 🥛

950/750

Juliennes of chicken tikka or grilled cottage cheese with onions, capsicum, tossed in Indian spices, wrapped in a flat Indian bread.

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* OUR SWEETS CORNER *

Gulab Jamun

Hot Cottage cheese dumplings immersed in sugar syrup.

750

Gajar Ka Halwa

Traditional indian carrot pudding with dry nuts, ghee & khoa.

850

Rasmalai

Spongy cottage cheese with reduced milk.

750

Laccha Rabri

Reduced milk with saffron, pistachio & cardamom.

750

Goth Dhup Ko Kheer

Sticky rice pudding prepared with condensed milk, jaggery, cardamom & crushed pepper.

650

Chocolate Fudge Slice

Soft fudge slice with chocolate sauce & savory crumbs.

750

Seasonal Fresh Fruits Platter

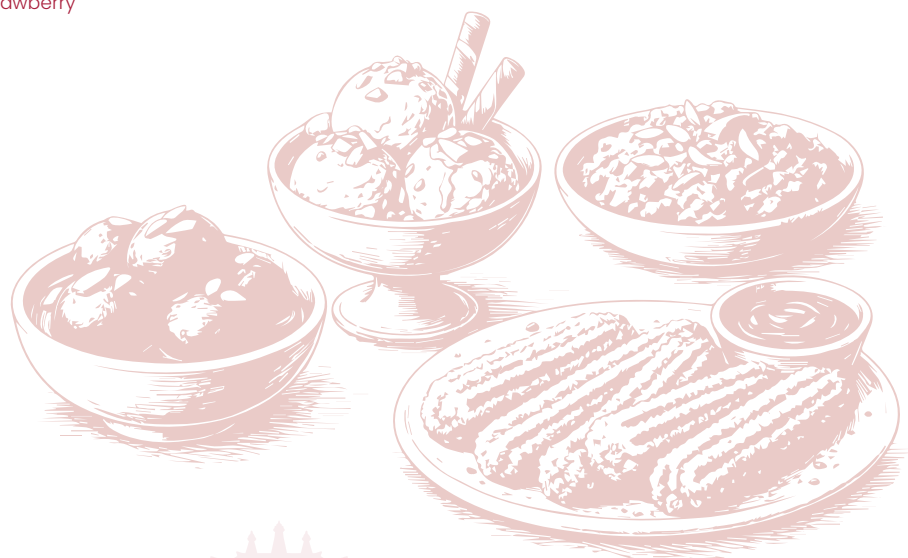
A selection of the freshest seasonal fruits.

750

Selection of Ice-creams

Chocolate / Vanilla / Strawberry

550



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The Little Explorers' Feast

Deliciously Crafted Plates Just for Our Young Adventurers!



Little Angels Meet Mickey Mouse 799

Golden, crispy chicken nuggets paired with crispy french fries & a tasty dipping.

Mr. Bean's Favorite 800

Pasta tossed in creamy cheese or classic tomatoes sauce, served with cheesy garlic bread & olives.

Donald Duck's Crunchy Rings 775

Crispy herb-seasoned onion rings served with a smooth & creamy dip for extra yum.

Tom & Jerry Snacks 850

Juicy chicken & cheese mini burger served with crispy fries & fresh vegetable sticks.

Mini Hot Dog 850

Savory German sausage nestled in a soft bun, served alongside fresh veggies & fries.

Spiderman's Favorite Combo 999

A heroic mix of crispy fried chicken, flavorful Hakka noodles & a delightful cupcake.

Mintos & Bentos 875

A fun-filled platter with cheese balls, fries, sausages, cheese straws & a sweet pastry.

Ding Dong Banana Split 700

A classic banana split with scoops of assorted ice cream topped with chocolate flakes.

Tin Tin's Sweet Treat 799

Rich fudge cake served with fresh fruit salad & creamy ice cream, a perfect finish.



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Mustard



Celery



Lentils



Crustacean



Vegan



Nuts



Flour



Gluten



Egg



Dairy



Medium Spicy



Spicy